



ARCHDIOCESE OF PHILADELPHIA
CYO Athletic Ministry
2009-2010 Coaches Training Descriptions & Schedule

Requirements:

Before coaching any CYO team, all coaches (head & assistants) **must**:

- Attend the **Coaches Orientation** seminar in person during the first year prior to the start of the sport (see attached schedule).
- If the coach cannot personally attend **Coaches Orientation** prior to the beginning of the sport, he or she must take the **Online Catholic Coaching Essentials (first year coaches ONLY)** before coaching at all **AND** attend the **Coaches Orientation during the first year** of coaching any CYO sports.

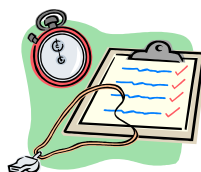
http://www.asep.com/asep_content/org/CYOPHIL.cfm (Press Control button and click on link to open, if this does not work, please copy and paste address to your browser.)

The **online Catholic Coaching Essentials** course is designed to familiarize coaches with both the basic approach to being an effective youth sports coach and the Catholic framework from which we carry out this ministry.

The CYO Coaches Orientation is a one-day seminar that provides assistance and training for coaches. It is designed to inform and develop the Catholic Coach. It consists of three parts:

- 1) **Philosophy & Mission** – Discusses the CYO sports philosophy of coach as athletic minister. Addresses the Mission Statement and provides tips on how coaches can create their own mission statement, define a “successful season” and communicate them effectively, as well as practical tips to manage a CYO team.
- 2) **Sports Medicine & CYO Christian Values** – Discusses growth patterns, injuries and youth development in relation to participating in sports. Addresses the responsibilities and blessings of being a Catholic coach.
- 3) **Coaching from the Heart** – Discusses the importance of being a baptismal coach in light of the current present realities of the American sports culture. Also gives references and suggestions that give us the freedom to “coach from the heart” both spiritually and practically.

Please communicate these requirements and the attached schedule to all CYO coaches.



2009-2010 Coaches Orientation Schedule

Cost: \$15.00 per person

NO Pre-registration; just walk in!!



**Continental Breakfast
will be provided.**

DATE 2009-2010	LOCATION	REGISTRATION TIME	PROGRAM TIME
Sat. August 8 th (*2 nd Saturday)	Conshohocken Catholic School 205 Fayette Street Conshohocken, PA 19428	8:30 AM	Begin: 9:00 AM End: TBA
Sat. Sept. 26 th (*3 rd Saturday)	St. Ephrem 5400 Hulmeville Road Bensalem, PA 19020 215-245-1698	8:30 AM	Begin: 9:00 AM End: TBA
Sat. Oct. 10 th (*2 nd Saturday)	Sacred Heart (Manoa) 105 Wilson Avenue Havertown, PA 19083	8:30 AM	Begin: 9:00 AM End: TBA
Sat. Dec. 12 th (*2 nd Saturday)	St. Timothy 120 Levick Street Philadelphia, PA 19480	8:30 AM	Begin: 9:00 AM End: TBA
Sat. January 23 rd (*4 th Saturday)	St. Elizabeth 120 Saint Elizabeth Drive Uwchlan, PA 19480	8:30 AM	Begin: 9:00 AM End: TBA
March 2 nd & 4 th (*1 st Tues./Thurs.)	Archdiocesan Office Ctr 222 North 17 th Street Philadelphia, PA 19103	6:30 PM	Begin: 7:00 PM End: 9:00 PM
Sat. April 17 th (3 rd Saturday)	TBA (Location will be within Region 20 area)	8:30 AM	Begin: 9:00 AM End: TBA

* Denotes when Coaches Orientation will take place each year

** Revised as of 06/11/09

